

Welcome to Meet The Coaches

SMITHFIELD
RAIDERS



Meet the Coaches: Coach Bird

21st year Coaching, third at Smithfield

- **Physical Education teacher**
- **Boys Athletic Coordinator**
- **Head Football Coach/Defensive Coordinator**

Played football and baseball at Cameron University

Graduated from Dallas Baptist University

**My wife Jennifer is the Music Teacher at Birdville School
of Fine Arts**

Daughter; Clayton is a Sophomore at Birdville High School

Huge sports fan.....ANY sport! Texas Rangers and Buffalo Bills are my teams!!



Meet the Coaches: Coach Vasquez

5th year teaching and 2nd year at Smithfield Middle.

- **7th Grade Texas History Teacher**
- **Football Offense Specials Coordinator/ Receivers/ Cornerbacks Coach**
- **Basketball**
- **Track**
- **Head Cross Country**

22 year Navy Veteran

Graduated from Columbia College Missouri

My wife Leslie is Director of Education and Head of School for The Key Center. We have two kids, my son Tyler is 25 and my daughter Ryan is 21.

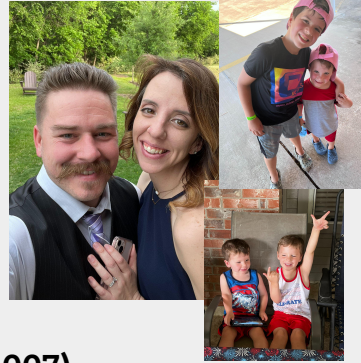
I grew up in the northeast part of the United States and played hockey, tennis, ran cross country and was on my HS downhill ski team.



Meet the Coaches: Coach Dierks

7th year teacher and coach

- ★ **Lifetime Nutrition & Wellness (Health)**
- ★ **6th Grade Physical Education**
- ★ **Football - Offensive Coordinator, DL/QB's RB's**
- ★ **Head Basketball (8th Grade A Team)**
- ★ **Track - Hurdles**



Played football at Colleyville Heritage High School (2007)

Played College Football at Dordt University In Sioux Center, IA (07-09)

Graduated from University of North Texas (2013)

EA at O.A Peterson Elementary for 1 year

7th year at Smithfield Middle School

My wife Leah Dierks is a Math Teacher at North Richland Middle School. We have 3 boys Jackson (8), Owen (3), and Tyler (2).

I am a Seattle Seahawks, Oregon Ducks, and Mavericks fan



Meet the Coaches: Coach Joe



1st year teacher and coach

- **6-8 Special Education**
- **6th grade Physical Education**
- **Football- offensive line, safeties and corners**

I did not play college sports, however I played varsity basketball and ran varsity cross country at Birdville High School, I graduated in 2017. I attended Abilene Christian University and graduated in 2021.

I have two younger brothers Joshua 20 and Jacob 16 both came through smithfield Middle School, and I came through Smithfield as well.

Information

You can find all information in these places:

- SMS Website
 - Boys Athletics page
- SportsYou
 - We send out info regularly



**WE TELL YOUR BOYS EVERYTHING THEY NEED TO KNOW
EVERYDAY! IT IS ONE OF THEIR RESPONSIBILITIES TO RELAY
THE INFO TO YOU!**

But just in case they forget refer to the SMS Website and SportsYou app

Shot Records (Vaccines)

7th grade parents an email was sent out (8/22/22) if the nurse is still needing proof of your athletes TDAP and MCV4 vaccines.

If the nurse does not have proof of those vaccines sent to her by 9/29/2022, **your athlete CANNOT return to school as of Friday 9/30/22 until you provide proof (which means they won't be able to play in any games after this date as well)**



Physical forms

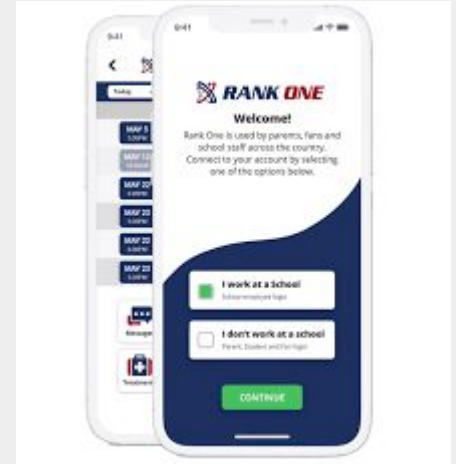
- All athletes will need an up-to-date physical on file at the beginning of the year
- Link to Physical Form:
<https://www.birdvilleschools.net/Page/65851>
- **Click 2022-2023 Physical Form**

[illegible]

Rank One

- **ALL parents need to go to**
<https://www.rankonesport.com/content/>
- These forms have to be filled out by ALL parents. This is just as important as the physical! The names of the forms are as follows;
 1. MHX
 2. ERF
 3. UIL
 4. COVID

Athletes cannot attend workouts without a physical and the RankOne paperwork being completed.



How to get to the RankOne Paperwork

- Go to birdvilleschools.net
- Select a school
- Smithfield Middle School
- Hover over Athletics
- Select Raider Nation Athletics
- Click Online Athletic Paperwork (RankOne)
- Scroll down to Online Athletic Paperwork
- Follow directions from that site



SportsYou Communication



- We are using SportsYou as our communication platform
 - Please download the **SportsYou** app as soon as you can! IOS/Android
 - Registration code for **7th GAWSK33J**
 - Registration code for **8th YKEUH2FD**
 - You will need to let a coach know if you do not have access to SportsYou as soon as you can!
 - Each Athlete **MUST** sign up as a “player”. **Parents are also encouraged to sign up as a “parent” as well.**
- SportsYou will allow us to communicate easily about games and practices with times on the Calendar feature

SportsYou continued

It is a “one way” communication tool

- **Coaches will regularly send out info throughout the school year**

We do not approve posts to go on the message thread

- **If you send a message on SportsYou it will be deleted**
- **Please direct all questions and/or concerns via email**

You can find all of the emails for the coaches on the SMS website under the athletics page.

Athletic Attire

- Purchasing athletic attire this year will be done “in house”
- \$20 for the set
- You may purchase multiple sets
- Athletes who choose not to purchase SMS athletic wear will still be required to wear a royal blue shirt and black shorts
- **ROYAL BLUE SHIRT**
- **BLACK SHORTS**



Transportation

Bus Procedures

Football Only:

- Athletes will ride the bus to the location of the games
- ALL athletes will be required to ride back to SMS on the bus

For basketball, Track, and Cross Country:

- Athletes will be able to leave with parent from location of the game/meet

Eligibility

In the 1st 9 weeks, the 2nd Progress report (at six weeks) is the snapshot the UIL will use for eligibility. The “report card” time at 9 weeks will be to re-gain OR lose eligibility.

The dates are:

Lose Eligibility

Oct 1, 2022

Nov 5, 2022

Jan 5, 2023

Feb. 18, 2023

Apr.8, 2023

Regain Eligibility

Oct 22, 2022

Dec 3, 2022

Jan 26, 2023

March 11, 2023

Apr. 29, 2023

Equipment Needed

Athletes will need athletic shoes (flats) and sport specific shoes **everyday**.

- Every day for football they will need cleats **AND** tennis shoes
- We will supply- **(For football)**
 - Practice Jerseys
 - Game Uniforms
 - Helmet, chin strap, mouth piece
 - Shoulder pads
 - 7th Grade - practice/game pants
- You will supply- **(For football)**
 - Socks, shoes, cleats
 - 8th Grade- 5 pad girdle
- **Off season**
 - Athletic shoes
 - Royal Blue shirt
 - Black shorts



Showers

YES! WE DO HAVE SHOWERS!!!

Football Players:

- 8th you can shower if you want/need to (but you can shower at home)
- 7th grade you are **HIGHLY** encouraged to shower before 2nd period, you will be given plenty of time to do so. We end practice at 8:55. Second period starts at 9:28. **PLENTY OF TIME!!!**
- You will be given plenty of time to shower
- You will need to bring-
 - Towel
 - Soap, shampoo
 - **DEODORANT**

7th Grade Off season:

You are HIGHLY encouraged as well to shower after your workout. (7th)

Water Bottles

- We are highly encouraging that athletes bring a water bottle which will/can be refilled via water cows during practices and games.
- We are going to allow them to have their water bottles right where they are on the practice field

SMS Athletics **Heat** Policy

- **Temp below 100 and/or Heat Index below 100**

- Practice time 1 1/2 hours
- Full pads
- Water when needed
- Water breaks (2 per practice)

- **Temp 100-105 and/or Heat index 100-105**

- Practice time 1 hour
- Helmets, shirts and shorts
- Water when needed
- Water breaks every 15 minutes
- Limited movement
- No “conditioning”
- Coaches discretion to dismiss

- **Temp over 105 and/or Heat Index above 105**

- Practice time 1 hour
- Shirts and shorts
- Walk through only
- Water when needed
- Water breaks every 15 minutes
- Coaches discretion to dismiss

We will use Weatherbug AND The Weather Channel

HEAT Policy on Practice End Times

- Coaches will have the discretion to end practice if we feel it is too hot to continue to practice outside regardless of what the actual temp/feels like temp is
- If/when this occurs you **WILL NOT** be expected to pick your athlete up until the scheduled end time of practice.
- We will keep them inside until the scheduled practice end time.

off Season

7th Grade

- Off Season workouts will be during the athletics class period
- 7th grade Off Season Athletes will report to school at **8:30am**
- Enter the front door of the school and make your way to the locker room
- If arrive BEFORE 8:30 you must either report to the cafeteria or a tutoring classroom
- **The Expectation is to “suit out” EVERY day in Blue Shirt and Black Shorts**

8th Grade

- 8th grade off season you will come to the locker room at the end of 7th period
- Dismissed from school at **4:00pm**
- Off Season athletes WILL workout EVERY day no matter the weather (inside)
- **The Expectation is to “suit out” EVERY day in Blue Shirt and Black Shorts**

Game Day Food

We will be using Jason's Deli for Game Day Meals

You will need to go to the following website to place your orders *at least 24 hours in advance:*

[7th Grade Jason's Deli Game Day Meals](#)

[8th Grade Jason's Deli Game Day Meals](#)

If you are not going to use Jason's Deli you **MUST** bring your athlete's food to the front office between **3:00-3:30** the day of the game

We will not allow athletes to leave the locker room to come and meet you in the parking lot. This is a safety issue.

Thank you for your time!



Go Raiders!